

For Parents and **Professionals**

ABOUT THE PRESENTER

Emily McMason is a parent coach and sleep consultant, as well as a Parent Educator at South Puget Sound Community



College. She has a Master's degree in Education from Harvard, a graduate certificate in Parent Coaching from the PCI at Seattle Pacific University, and completed a postgraduate program dedicated to childhood sleep. Emily's private practice is in Olympia, but she works with parents all over the globe.

PARENTING TOOLS

Come join Parent Coach & Educator Emily McMason for an evening that addresses one of the most challenging parts of parenting - discipline. We'll talk about how to keep our cool and stay connected to our kids in ways that transform "Those moments" from something we dread to something we know how to navigate with ease.

This FREE training is provided complements of the sponsors noted below. Featuring the wisdom of parenting coach Emily McMason. There will be additional time for Q&A covering any other parenting issues at the conclusion of the presentation.

For more resources on parenting:



www.familyess.org

April 24, 2018 6:30 - 8:00 PM

SPSCC, Lacey Campus - room 186 4220 6th Ave SE, Lacey 98503











Thurston Early Childhood Coalition